



Lakeshore Ethnic Diversity Alliance

Calling All Colors...Being the Change You Want to See in Your School and Community!
Lesson 2 Activity: Understanding Biases, Stereotypes and their Impacts

Opening Icebreaker (5 minutes):

In one word please describe how your week is going. In 30 seconds or less you can provide some context to your word. When you finish please pass it to another person.

Reminder Calling All Colors Safe Space Rules(2 minutes):

***Read only the underlined portion in the interest of time. But display the entire rules.**

Be 100% present! – we will be tackling some tough topics so please give each the respect of setting your phone and other distractions aside to be fully here.

Listen deeply! – Listen fully to learn from each other, not to respond with your argument or thought that you think is better.

No Judgement! – We are not all the same which means we have different ideas, perspectives and cultures. Don't judge because someone has a different idea than you.

Speak your truth! – We can only speak for ourselves and experiences. We can not represent our entire racial/ethnic or cultural group.

Respect Each Other! – If we disagree we will do it respectfully and with care.

Stereotypes and Biases Exercise (15 minutes):



What do you think Stereotypes are?

Stereotypes Defined: A widely held but fixed and oversimplified image or idea of a particular type of person or group of people.

For Example: Certain groups are more athletic, better dancers, more likely to commit crimes, smarter etc.



What do you think Biases Are?

Biases Defined: Showing preference or prejudice for or against a person or group of persons.

The Connection of Stereotypes & Biases: Stereotypes and biases are very similar concepts but the impact of the ideals is moving the bad messages from thought to action. For example: favoring one group over another or seeking a partner in a school project because they are more similar to you is essentially allowing stereotypes to move to biases in your actions.

Video Activity:

<https://www.youtube.com/watch?v=QO9Rdg1wMT8>

Facilitator Debrief Questions:

- 1. What stereotypes and biases did you notice in the short video clip?*
- 2. What are the dangers of stereotypes and biases?*
- 3. Have you ever witnessed stereotypes or biases playing out in our school?*

Beginning the School Action Plan (5 minutes):

Throughout the academic year as our Calling All Colors group learns and processes these important topics related to diversity and inclusion, we will also be utilizing our knowledge to prepare our group School Action Plan.

A School Action Plan is essentially a program we will design and launch centered around a diversity related issue. The focus of the action plan will be a diversity concern we agree our school needs to improve on to ensure every student feels fully welcome, accepted and loved. Once we decide on a topic we will need to roll our action plan program out prior to the Spring CAC Conference so we can share our amazing work with all of the other CAC school groups. Lastly the slogan we have been brainstorming can either serve as part of the Action Plan Campaign or just remain a slogan for our CAC Group.

Let's spend 5 minutes brainstorming diversity related issues/concerns our school community needs to continue to grow in. This is a brainstorm and thus no idea is a bad idea. Once we have our list we will spend time in our next lesson deciding on our Action Plan focus.